

IFK O-løb**Resultatliste****Uhreskoven 23-08-2022**

Banelægger Lars Ole Kopp, Postindsamler Ole Johnsen

Offisiell liste

plads	Navn	Klub	Tid	Efter	Km tid	Points
Bane 1 svær		6,025 KM				
1	Lennart Bo Kristiansen	IFK-C	56:16		09:20	100
2	Keld Gade	IFK-C	58:35	02:19	09:43	98
3	Jan Nielsen	IFK	1:03:08	06:52	10:28	93
4	Lene Bejer	IFK-C	1:04:58	08:42	10:46	92
5	Jacob Berg Nielsen	IFK-C	1:06:07	09:51	10:58	90
6	Kai Hesselberg	IFK-C	1:07:02	10:46	11:07	89
7	Flemming Just	IFK-C	1:12:37	16:21	12:03	84
8	Niclas Alstrøm Jensen	NOTEAM	1:18:57	22:41	13:06	78

Bane 2 svær		4,125 KM				
1	Søren Elkjær	IFK-C	37:14		09:01	80
2	Ivan Pagh	IFK-C	44:50	07:36	10:52	73
3	Erik Jungdal	IFK-C	47:13	09:59	11:26	70
4	Jørgen Münster	IFK-C	48:05	10:51	11:39	69
5	Steen Frandsen	IFK-C	48:52	11:38	11:50	69
6	Erik Damgaard	IFK-C	48:57	11:43	11:52	69
7	Lars Hoffmann	IFK-C	54:54	17:40	13:18	63
8	John Krarup	IFK-C	55:27	18:13	13:26	62
9	Wilbert Lyngsø	IFK-C	55:34	18:20	13:28	62
10	Jan Lauge	IFK-C	57:23	20:09	13:54	60
11	Pia Gade	IFK-C	59:42	22:28	14:28	58
12	Benny Johansen	IFK-C	1:22:23	45:09	19:58	35
	Grethe Anæus	IFK-C				1

Bane 3 m.svær		2,8 KM				
1	Knud Christensen	IFK-C	30:58		11:03	60
2	Inge Løvig	IFK-C	35:43	04:45	12:45	55
3	Poul Erik Møller	IFK-C	40:12	09:14	14:21	50
4	Thomas Jørgensen	IFK-C	41:12	10:14	14:42	49
5	Susanne Baun	IFK-C	41:15	10:17	14:43	49
6	thomas Schrøder	IFK-C	41:16	10:18	14:44	49
7	Tage Baun	IFK-C	42:36	11:38	15:12	48
8	Palle Møller Nielsen	IFK-C	47:49	16:51	17:04	43
9	Asger Kristensen	IFK-C	50:10	19:12	17:55	40
10	Bo Paarup-Laursen	IFK-C	50:23	19:25	17:59	40
11	Erik Libak	IFK-C	53:13	22:15	19:00	37
12	Preben Munck	IFK-C	54:03	23:05	19:18	36
13	Kai Ole Jensby	IFK-C	55:33	24:35	19:50	35
14	Dian Holm	IFK-C	1:04:38	33:40	23:05	26
15	O.f.s Nielsen	IFK-C	1:10:53	39:55	25:18	20
	Inger Johansen	IFK-C				1