

IFK- O-løb 05122023**Resultatliste****Hodsager Plantage****Offisiell liste****05-12-2023**

Placering	Navn	Klub	Tid	Efter	Km tid	Points
Bane 1 svær		6,85 KM				
1	Jess Rasmussen	IFK-C	1:04:24		09:24	100
2	Kenn Kristensen	IFK-C	1:09:23	04:59	10:07	95
3	Per Baune	IFK-C	1:10:20	05:56	10:16	94
4	Jan Nielsen	IFK	1:13:42	09:18	10:45	91
5	Henrik Jægerfeldt	IFK	1:15:09	10:45	10:58	89

Bane 2 svær**4,9 KM**

1	Kai Hesselberg	IFK-C	55:11		11:15	80
2	Keld Gade	IFK-C	55:26	00:15	11:18	80
3	Lennart Bo Kristiansen	IFK-C	55:46	00:35	11:22	80
4	Mogens Vennevold	IFK-C	1:02:27	07:16	12:44	73
5	frede Rasmussen	IFK-C	1:10:36	15:25	14:24	65
6	Jan Lauge	IFK-C	1:14:20	19:09	15:10	61
7	Arne Moe Jensen	IFK-C	1:14:42	19:31	15:14	61
8	Flemming Just	IFK-C	1:27:09	31:58	17:47	48
9	Gitte Isen	IFK-C	1:28:44	33:33	18:06	47
10	Torben Isen	IFK-C	1:36:52	41:41	19:46	19
11	N.P. Nielsen	IFK-C	1:59:05	1:03:54	24:18	16
12	Kim Emborg	IFK-C	1:40:48		disk	1
13	Carl Malling	IFK-C			u/f	1

Bane 3 m/svær**3 KM**

1	Søren Elkjær	IFK-C	33:53		11:17	60
2	Ivan Pagh	IFK-C	34:35	00:42	11:31	59
3	Jørgen Münster-Swensen	IFK-C	36:58	03:05	12:19	57
4	Varny Vestergaard	IFK-C	40:15	06:22	13:25	53
5	Asger Kristensen	IFK-C	52:30	18:37	17:30	41
6	Rikke Agerskov	IFK-C	56:23	22:30	18:47	37
7	Christian Als	IFK-C	1:00:00	26:07	20:00	33
8	Pia Gade	IFK-C	1:00:25	26:32	20:08	33
9	Bo Paarup-Laursen	IFK-C	1:03:23	29:30	21:07	30
10	Jørgen Jørgensen	IFK-C	1:04:35	30:42	21:31	29
11	Wilbert Lyngsøe	IFK-C	1:06:25	32:32	22:08	27
12	Poul E. Møller	IFK-C	1:08:38	34:45	22:52	25
13	Inger Johansen	IFK-C	1:10:01	36:08	23:20	23
14	Thomas Jørgensen	IFK-C	1:12:42	38:49	24:14	21
15	Dion Holm	IFK-C	1:17:49	43:56	25:56	16
16	Bitten Nielsen	IFK-C			disk	1