

IFK-O-Løb

Resultatliste

Sunds Kommuneplantage 14-10-2025

Plads	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 1	7 KM				
1	Jess Rasmussen	IFK-C	1:03:27		09:03	100
2	Per Baune	IFK	1:04:56	01:29	09:16	99
3	Chr.L.Rasmussen	IFK	01:05:02	01:39	09:17	98
4	Morten Hygum	IFK	1:07:13	03:46	09:36	96
5	Nicki Eriksen	IFK-C	1:10:32	07:05	10:04	93
6	Jan Nielsen	IFK	1:12:22	08:55	10:20	91
7	Jonas Melgaard	IFK-C	1:17:46	14:19	11:06	86
8	Erik Ljungdal	IFK-C	1:27:45	24:18	12:32	76
9	Erik Damgaard	IFK-C	1:28:24	24:57	12:37	75
10	Gunnar Hansen	IFK-C	1:44:11	40:44	14:53	59
11	Michael Sønderup	KOK	1:44:14	40:47	14:53	59
12	Søren Klingenberg	IFK-C	1:53:44	50:17	16:14	50
13	Jens Ozol	IFK-C	1:17:42			1

Plads	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 2	5,3km				
1	Mogens Vennevold	IFK-C	51:42		09:45	80
2	Peer Straarup	IFK-C	57:01	05:19	10:45	74
3	Henrik Jægerfeldt	IFK-C	57:09	05:27	10:46	74
4	Lene Bejer	IFK-C	57:57	06:15	10:56	74
5	Knud Søndergaard	IFK-C	58:33	06:51	11:02	73
6	Varny Vestergaard	IFK-C	1:00:11	08:29	11:21	71
7	Johnie Laursen	IFK-C	1:01:55	10:13	11:40	70
8	Erik Krogh	IFK-C	1:02:03	10:21	11:42	69
9	Svend Erik Hedevang	IFK-C	1:02:45	11:03	11:50	69
10	Britta Ank Pedersen	IFK-C	1:04:26	12:44	12:09	67
11	Arne Moe Jensen	IFK-C	1:05:35	13:53	12:22	66
12	Cecilie Nielsen	IFK-C	1:06:59	15:17	12:38	65
13	Rikke Agerskov	IFK-C	1:07:15	15:33	12:41	64
14	Stig Sørensen	IFK-C	1:08:41	16:59	12:57	63
15	Jacob Dibskov	IFK	1:09:25	17:43	13:05	62
16	Hans Aage Hvalsø	IFK-C	1:10:49	19:07	13:21	61
17	Frede Rasmussen	IFK-C	1:16:58	25:16	14:31	55
18	Lars Ozol	IFK-C	1:35:04	43:22	17:56	36
19	N.P. Nielsen	IFK-C	1:46:58	55:16	20:10	25
20	Lennart Bo Kristiansen	IFK-C	53:07			1

Plads	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 3	3,2km				
1	Søren Elkjær	IFK-C	34:09		10:50	60
2	Jørgen Münster-Swendsen	IFK-C	34:28	00:19	10:56	60
3	Gert Bertel	IFK-C	34:57	00:48	11:05	60

4	Inge Løvig	IFK-C	36:52	02:43	11:42	58
5	Hans Jørgen Vad	IFK-C	37:04	02:55	11:46	57
6	Carsten Helligsø	IFK-C	38:20	04:11	12:10	56
7	Ann Vibeke Mose	IFK-C	39:45	05:36	12:37	55
8	Lars Hoffmann	IFK-C	42:22	08:13	13:26	52
9	Inger Johansen	IFK-C	43:01	08:52	13:39	51
10	Max Hansen	IFK-C	43:03	08:54	13:40	51
11	Wilbert Lyngsø	IFK-C	46:01	11:52	14:36	48
12	Ann-Dorrit Hansen	IFK-C	47:07	12:58	14:57	47
13	Maiken Jensen	IFK-C	48:04	13:55	15:15	46
14	Chr. Als	IFK-C	49:30	15:21	15:42	45
15	Clive Allan	IFK	50:24	16:15	16:00	44
16	Lisbeth Sortrækjær	IFK-C	53:12	19:03	16:53	41
17	Flemming Sasser	IFK-C	53:55	19:46	17:06	41
18	Nelly Skammelsen	IFK-C	54:50	20:41	17:24	40
19	Egil Skammelsen	IFK-C	55:06	20:57	17:29	39
20	Karen-Lisbeth Fredberg	IFK-C	55:40	21:31	17:40	39
21	Kjeld Tdemand	IFK	56:20	22:11	17:53	38
22	Gitte Winther	IFK-C	56:23	22:14	17:53	38
23	Birthe Helms	IFK-C	56:55	22:46	18:04	38
24	Benny Johansen	IFK-C	57:20	23:11	18:12	37
25	Erik Mogensen	IFK-C	57:54	23:45	18:22	37
26	Jan Lauge	IFK-C	58:48	24:39	18:40	36
27	Palle Kyed	IFK-C	59:15	25:06	18:48	35
28	Tove Straarup	IFK-C	1:00:00	25:51	19:02	34
29	Bo Paarup-Laursen	IFK-C	1:01:10	27:01	19:25	33
30	Thomas Schrøder	IFK-C	1:03:36	29:27	20:11	31
31	O.F.S Nielsen	IFK-C	1:14:04	39:55	23:30	20
32	Dion Holm	IFK	1:25:25	51:16	27:06	9
33	Thomas Jørgensen	IFK-C	47:47			1
34	Erik Libak	IFK-C	1:21:42			1
35	Carl Malling	IFK-C				1
36	Susanne Høiberg	IFK-C				1
37	Lars Storper	IFK-C				1
38	Annette Ozol	IFK-C				1